

## RIFLESSIONI 6

---

*Ci sono aspetti di me che giudico sbagliati o indegni?*

---

---

---

---

---

---

*Ci sono aspetti di me di cui mi vergogno?*

---

---

---

---

---

---

---

---

*Vivo sentimenti di rifiuto verso me stesso o verso alcuni miei aspetti?*

---

---

---

---

---

---

---

---

---

*So amarmi e accettarmi completamente anche con la mia ombra?*

---

---

---

---

---

---

---

---